**Fall Prevention Resources**

National Council on Aging – [Falls Prevention for Older Adults](https://www.ncoa.org/older-adults/health/prevention/falls-prevention)

[**Evidence-Based Program Search**](https://ncoa.org/evidence-based-programs)**:** On the National Council on Aging website, all programs eligible for Older Americans Act Title III-D funding have a unique page dedicated to describing key aspects of the program. Visitors can search for a program by name (e.g. “Active Living Every Day”) or select filters to view a list of programs that match specific needs (e.g. program format, training format, topic, etc.). There is a specific filter for “accessibility adaptations.” Programs with adaptations focused on vision loss will include details on their article page. View this demo to [see it in action](https://vimeo.com/520118201).

Programs that currently have descriptions for accessibility adaptations related to vision include:

* [A Matter of Balance](https://ncoa.org/article/evidence-based-program-a-matter-of-balance)
* [CAPABLE](https://www.ncoa.org/article/evidence-based-program-capable)
* [Fit & Strong](https://ncoa.org/article/evidence-based-program-fit-strong)
* [Geri-Fit](https://www.ncoa.org/article/evidence-based-program-geri-fit-strength-training-workout-for-older-adults)
* [HealthMatters](https://ncoa.org/article/evidence-based-program-healthmatters-program)
* [PEARLS](https://ncoa.org/article/evidence-based-program-pearls-program-to-encourage-active-rewarding-lives)
* [PREPARE For Your Care](https://ncoa.org/article/evidence-based-program-prepare-for-your-care)

Centers for Disease Control and Prevention – [Older Adult Fall Prevention](https://www.cdc.gov/falls/index.html). Includes facts, resources, interventions such as STEADI, a prevention program for doctors and other health care professionals to screen for fall risk and set up prevention strategies.

Mississippi State OIB-TAC—[Fall Prevention Course](https://nrtc.catalog.instructure.com/courses/fall-prevention). Discusses a number of interventions for older people with vision loss that VISIONS has implemented.

VisionAware—has numerous posts and articles about fall prevention:

[Low Vision and the White Cane: A Tool for Fall Prevention - VisionAware](https://visionaware.org/everyday-living/essential-skills/an-introduction-to-orientation-and-mobility-skills/low-vision-and-the-white-cane-a-tool-for-fall-prevention/)

[September Is Fall Prevention Month - VisionAware](https://visionaware.org/blog/visionaware-blog/september-is-fall-prevention-month/)

[Fall Prevention Is Not Just for Seniors - VisionAware](https://visionaware.org/blog/visually-impaired-now-what/fall-prevention-is-not-just-for-seniors/)

[Preventing Falls - VisionAware](https://visionaware.org/everyday-living/home-modification/safety-in-the-home/preventing-falls/)--Videos on preventing falls

[Safety in the Home - VisionAware](https://visionaware.org/everyday-living/home-modification/safety-in-the-home/)

[Other fall prevention information](https://visionaware.org/?s=fall+prevention)