When You Can’t Believe Your Eyes: Self-advocacy and Low Vision

July 26, 2021

# Webinar Resources

## Books

*When You Can’t Believe Your Eyes: Vision Loss and Personal Recovery* by Hannah Fairbairn (2019) NLS DBC 11619 (also available on Bookshare, Google Play books and in print)

The first half of the book is a guide for people losing vision and their families. The second half shows anyone living with vision loss how to become ever more independent and skillful at managing the sighted world.

*Your Perfect Right Assertiveness and Equality in your Life and Relationships*, Robert Alberti & Michael Emmans, NLS DB90308, also available on Amazon Kindle and Audible. The best-known book on assertiveness for the general public.

## Blog posts and articles

* [Americans with Disabilities Act 1990](https://adata.org/factsheet/ADA-overview#main-content)
* [Self-Advocacy When You Can’t See](http://www.visionlossandpersonalrecovery.com/self-advocacy-when-you-dont-see/) and other blog posts on [www.VisionLossandPersonalRecovery.com](http://www.VisionLossandPersonalRecovery.com)
* [Overview of the ADA VisionAware](https://visionaware.org/working-life/know-your-rights/americans-with-disabilities-act-in-context/americans-with-disabilities-act-5900/)
* [The ADA National Network - VisionAware](https://visionaware.org/working-life/know-your-rights/the-ada-national-network/)

## Videos

From Hannah Fairbairn’s YouTube Channel

* [How to Grieve After Vision Loss](http://www.visionlossandpersonalrecovery.com/how-to-grieve-after-sight-loss-a-short-video/)
* [How to find out who you are talking to](http://www.visionlossandpersonalrecovery.com/category/video/#content)
* [How to talk about your vision loss](http://www.visionlossandpersonalrecovery.com/how-to-talk-about-your-vision-loss-a-short-video/)

## Other Resources

* ADA Information Department of Justice phone line: 800-514-0301
* APH ConnectCenter Information and Referral line: 800-232-5463 or [connectcenter@aph.org](mailto:connectcenter@aph.org)
* [Disability Rights | American Foundation for the Blind (afb.org)](https://www.afb.org/blindness-and-low-vision/disability-rights)
* [Hadley Podcast Becoming Socially Confident After Vision Loss](https://hadley.edu/podcasts/hadley-presents-conversation-experts/becoming-socially-confident-after-vision-loss)
* YouTube Channels of people living with low vision
  + [Living Blind](https://www.youtube.com/channel/UCZzXTbnHXmB0p6v44tFu46A)
  + [Life After Sight Loss](https://www.youtube.com/user/derekdanielvids)
  + [Insight4blind](https://www.youtube.com/channel/UCJ-7J_q18y8cz9g2pevlkCw)
  + [Live Accessible](https://www.youtube.com/channel/UCkREnKxUD7EfGbGNiA-PdIg)